



Webinar
Language: RUS/ENG

Open event organized by the AEB HR Committee

October 10, 2022
15:00 – 16:30

ZOOM

EMPLOYERS AND PARTIAL MOBILIZATION: HOW TO TAKE CARE OF THE PSYCHOLOGICAL STATE OF EMPLOYEES

PROGRAM

Moderator: **Irina Aksenova**, AEB HR Committee Chairperson, Deputy General Manager, Key Accounts, Coleman Group

15:00 – 15:05 WELCOME WORDS
Irina Aksenova, AEB HR Committee Chairperson, Deputy General Manager, Key Accounts, Coleman Group

15:05 – 15:35 STRESS PSYCHOLOGY/STRESS MANAGEMENT
Natalia KARPUSHINA, Executive coach and licensed trainer in stress management and burnout prevention, Head of Team Practicum leadership programs (Moscow)

15:35 – 16:05 EMPLOYEE COMMUNICATION AND AWARENESS AS THE BASIS FOR PSYCHOLOGICAL SUPPORT
Tatiana KUROPTEVA, HR consultant, ex. HR BP Basf

16:05 – 16:30 DISCUSSION, Q&A SESSION

Working language: **Russian and English**, translation will be provided

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